Carmel Valley Sun

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VOLUME 1, NO. 3

December 10, 1986 — December 24, 1986

Kids Get Kick Out Of Soccer

by Dick Heuer

It was "delightful chaos" at the awards banquet that closed the YMCA youth soccer program. About 350 persons had been expected to attend the banquet at the Monterey YMCA, but the 10-week soccer program was so successful that over 600 parents and children showed up to demonstrate their interest and support.

YMCA soccer has two leagues, Carmel and Seaside. Five Carmel Valley teams with players principally from Tularcitos and All Saints Schools are in the 21-team Carmel league. The Ratts, a team in the kindergarten to 2nd grade age group at Tularcitos School, finished the season undefeated. See box for names of coaches and award winners on all the Valley teams.

Tularcitos School soccer started in 1979 when the Parents Club paid for construction of the goals and lining the field. The work was done by Mike Jones and the dads. The first year, they even mowed the field with home lawn mowers, as the kids were so small they couldn't kick the ball through the tall grass. Since then, the Village Improvement Committee has helped with annual maintenance.

In 1985, the YMCA renewed an earlier effort to organize a Peninsula-wide soccer program. That year, the poor Ratts were decidedly smaller than the competition and failed to win a game. The Invaders, with 3rd and 4th graders from Tularcitos School, did a little better. When the YMCA soccer season ended, however, both teams continued to practice twice a week throughout the year.

This year, they were ready, and the extra work paid off. The Ratts were undefeated this year, and the Invaders lost only to teams of fifth and sixth graders. Other teams, the Exterminators at Tularcitos and the Bruisers and Strikers at All Saints, also did well.

As in 1985, play will not stop with the end of the Y program. Several Valley teams were scheduled to play in the Peninsula Cup tournament on December 7 against teams from other leagues (Marina, Fort Ord, Pacific Grove, LaMesa and Seaside). The Ratts and Exterminators will continue playing throughout the winter against teams in cities such as Salinas and Watsonville that have year-round soccer programs.

An all-star Peninsula team with three different age groups is being formed to represent Monterey Peninsula in the Northern California League of the California Youth Soccer Association. This is under the supervision of Carlos Volpini. In March and April, the YMCA will sponsor an indoor youth soccer league with games at Carmel Middle School.

Soccer is certainly alive and kicking hard in Carmel Valley, and the *Sun* will keep you informed. We thank Mike Jones for agreeing to serve as our correspondent for soccer news.

Michael Jones and the Ratts.

AWARD WINNERS

The Ratts. Kindergarten to 2nd grade, Tularcitos School, Coaches Mike Jones and Kent Wall.

Most Valuable Players: Co-Captains Danny Rosenthal and Nicholas Leonoff; *Most Improved:* John John Pfeiffer; *Best Rookie:* Sage Sherman; *Special Awards for Great Goalies:* Chris Thompson and Matthew Wall. *Sponsor:* Secrets Restaurant, formerly A Moveable Feast.

Invaders, 3rd and 4th grades, Tularcitos School, Coach David Nagai.

Most Valuable Player: Russell Lockwood; *Most Inspirational:* Dustin Nagai; *Most Improved:* Brian Allen; *Sponsor:* Carmel Valley Racquet Club.

Exterminators. 3rd and 4th grades, Tularcitos School, Coaches Bud Carlson and Hans Doehlman. *Most Valuable Player:* Steven Cowles; *Best Team Players:* Michael Thompson, Land Heintzberger, and Bart Rowley; *Most Improved:* Celeste Evans.

The Exterminators won the award for *Most Improved Team* in the 3rd and 4th grade category. *Sponsor:* Old California Title Co.

Bruisers. Kindergarten to 2nd grade, All Saints School, Coach Tom Lane.

Most Valuable Player: Zachary Rosenthal; *Best Team Player:* Morgan Smith; *Most Improved:* Kevin Witherell. *Sponsor:* Shell-by-the-Sea.

Strikers. 3rd and 4th grades, All Saints, Coach Carlos Volpini. *Most Valuable Player:* Brent Sullivan; *Most Improved:* Chris Brant; *Most Inspirational:* Cheyenne Stoney-Stevens. *Sponsor:* Chamisal Tennis Club.

He's On His Way!

For the 28th consecutive year, at precisely 11 a.m., Santa and Mrs. Claus will fly into the Carmel Valley Airport. They will be greeted by many members of the Community, and will participate in a parade through Carmel Valley Village to the Carmel Valley Community Youth Center.

Santa and Mrs. Claus will ride on a sleigh provided by the Carmel Valley Kiwanis Club. Randy Randazzo will be Grand Marshal of the parade. Participating in this traditional event are fire trucks from the Carmel Valley Fire Protection District with as many children as they can hold, the Seaside High School Band, the Seaside High School ROTC Color Guard, the Carmel Valley Community Chapel, the 4-H Boronda Club, Brownies, Girl Scouts, The Carmel Garden Association, jugglers, antique cars, floats, and many other community organizations and residents.

The parade will conclude at the Carmel Valley Community Youth Center where children will visit with Santa and have their pictures taken. Lunch and snacks will be sold, and there will be games, a tractor ride, pinatas, a story teller, jugglers, and face painting.

See you at the Airport on December 13th!

and Ms. Claus, too!

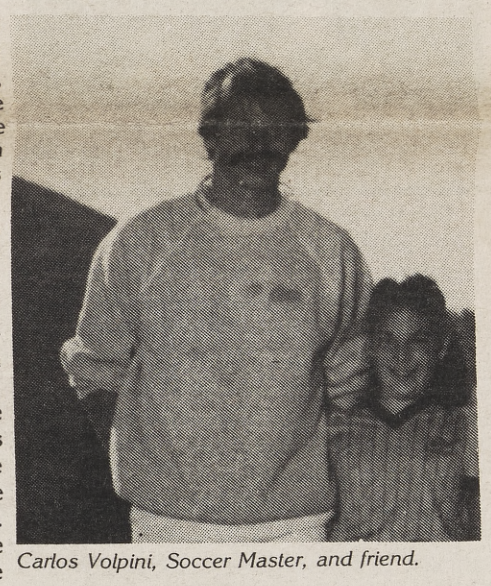
About Carlos Volpini

For the past fifteen years, Carlos Volpini has played soccer, not only in his native Argentina, but also all over North, South, and Central America. When he came to the United States about seven years ago, he found that soccer was little known as a sport for young people, and where it was known, it was poorly played.

Someone who loves soccer as much as Carlos could not allow this poverty of interest and good play. He started youth programs in the United States where soccer was taught with the same quality of training that was taken for granted in European and Latin American countries.

It became Carlos Volpini's goal to assure that soccer players in the United States would be given quality training to the degree that they would be on a competitive par with soccer players in other countries. With such training, he reasoned, these young athletes could eventually bring the United States to World Cup level. Youngsters loved the idea, and today ten million enthusiastic American children play soccer.

This fall, Carlos is the YMCA's coordinator for soccer, and he also coached the Carmel Middle School team. He held mini-soccer clinics this past spring at the Middle School. Mini soccer is indoor soccer played on a court the size a basketball team would use. Mini soccer refines the skill level of the players so that, when they are outdoors, they can better play the game. In summer, he headed the Monterey Peninsula Soccer Camp. He also holds clinics in Salinas at Hartnell College.



Carlos Volpini, Soccer Master, and friend.

Presently, there are 22 teams of young (some are very young) people in the tournament, and Carlos has found the time to coach The Strikers team from All Saints School.

With Carlos Volpini on the soccer field, prodding, praising, cajoling, and teaching the youngsters how to play good soccer, his dream of the U.S. being in World Cup play comes closer to fruition each day.

Attention All Writers And Would-be Writers!

The *Sun* is looking for writers to cover topics of local interest such as:

- Old-timer tales of life in the valley many years ago.
- Historic buildings of Carmel Valley.
- Indian artifacts and lore.
- Natural history, including birdwatching, wildflowers, trees, fish, fossils, geology.
- Our kids and their activities at school. (Student writers would be ideal.)
- Little League baseball games.
- Equestrian activities.
- Valley craftsmen (or should it be craftpersons?) and their work.
- Poems about the valley.
- Social notes on anything else you think would interest our readers.

No experience is necessary—just a flair for writing and a desire to share your talent and interests with friends and neighbors.

If you would like to write a book of old-timer tales or on some aspect of valley history, the *Sun* may be able to publish it for you.

We are especially interested in persons who can volunteer their services without charge, so amateurs are encouraged to reply. It's not that we're cheap. It's just that if this newspaper made any less money, we could write off our expenses as a charitable deduction! Hopefully, that may change in the future as our advertising revenues increase.

If you want to help make this a better paper, please call Grace at 659-4855.

Staff

Dick Heuer.....Publisher
Grace Darcy.....Editor/Business Manager
Mark Holtzman.....Sales Representative
Valley Typesetters.....Typesetting

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LETTERS

Well Deserved Kudos To Debra Saxton

Years ago the Carmel Valley *Outlook and Pine Cone* abandoned Carmel Valley for more lucrative territory (namely Carmel) and we Valleyites were left without a local newspaper to address the concerns and activities of our community.

At that time there was talk among the Village and Valley residents that a Valley newspaper was needed but great skepticism abounded whether or not such an undertaking would draw enough support from the local businesses, through advertisements, to keep it afloat for more than a month or two. Debra Saxton no doubt heard such talk but thought otherwise. Not only did she believe that a Valley newspaper could be economically viable, but she also had a burning desire to publish and edit it. The newspaper which she envisioned would be called the *C.V. Sun* because of its abundance and because it has drawn so many of us to the Valley. So, together with her husband, Dan, and a small nucleus of friends and supporters who rolled up their sleeves and spent months of long days and sometimes long nights, she kept that dream alive.

Presses rolled and deadlines were met. The cynics shook their heads in disbelief as edition after edition found its way into the hands and mailboxes of Valley residents. Local talent volunteered articles and businesses offered their support by buying advertising space.

Even though the *Sun* hasn't eclipsed the *Wall Street Journal* with its journalistic excellence, it's our local paper and its given us back our sense of community.

We will miss Debra at the helm and we thank her for her courage in starting the *Sun* and also for choosing Dick Heuer to take over as owner and publisher because he, along with the new editor, Grace Darcy, will continue to serve the interests and needs of Valleyites, along with offering leadership in preserving the Valley's rural character. So here are three cheers for the *Sun*—may it continue to brighten our days!

The Herald! eat your heart out.

Jack and Peggy Arnold

Thanks A Million

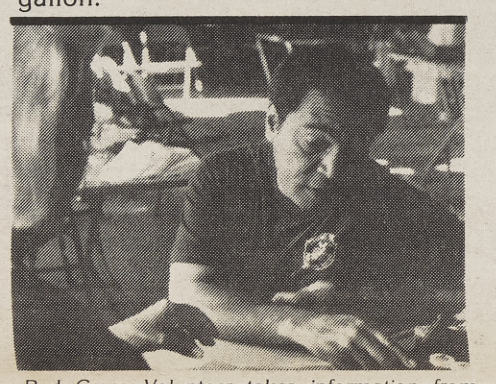
THANKS A MILLION to all you wonderful people who helped get the three wandering calves home to the Reimer's Ranch last Friday, the day after Thanksgiving, especially Mr. Miyamoto, with his expert lassoing, Mr. Suwada for the use of his horse trailer, Mr. and Mrs. Cardwell, Deputy Sheriff John Burke, members of the Mid-Valley Fire Department, and all the helpful neighbors.

Ruth Benton

Bloodmobile Visit Draws 71 Donees

The American Red Cross Bloodmobile trip to the Carmel Valley Community Chapel on November 13 resulted in 71 persons registering to donate blood. Among those registering were seven who are reaching "gallon totals."

Richard Dalsemer has donated a total of four gallons; Kalani Fonseca, three gallons; Marjorie Foote, three gallons; Jeff Frye, two gallons; Lynda Miller, two gallons; Diane McKenzie, one gallon, and David Scinto, one gallon.



Red Cross Volunteer takes information from Firefighter Kalani Fonseca at recent Bloodmobile visit to Carmel Valley Community Chapel.

Each was given an appropriate pin and certificate thanking them for their service.

There also were many first time donors.

During the past fiscal year, over 400 skilled volunteers of the local chapter of the American Red Cross devoted over 56 thousand hours performing the following services:

Ambulances: Over 200 volunteers logged almost 15,000 miles answering almost 1100 erergency calls in Carmel Valley, Carmel, and Big Sur, FREE.

Blood Service: Almost 5000 pints of blood were donated at mobiles and at the Community Hospital Blood Center.

Loan Closet: Recuperating patients, baby equipment, crutches, walkers, wheel chairs, etc., and cribs and baby beds, were loaned to the community FREE.

The Red Cross needs your help, and asks readers to remember that 1986 is not affected in any way by the new tax laws.

EDITORIAL

Soccer On Page One?

Why in the world would we put an article on youth soccer on page 1? Wasn't there any bigger news?

Soccer on the front page is our way of saying that kids are important. We're a community newspaper, and that means supporting our local community activities. When so many kids play their hearts out, with the support of so many parents who volunteer their time to make it possible, we think that merits a front page story to bring it to everyone's attention.

I haven't seen the statistics, but soccer has almost certainly been the fastest growing sport in the United States during these past ten years. The Peninsula lags behind many other areas in developing a broadly based youth soccer program.

There is ample reason for soccer's rapidly growing popularity. It is a game where pure athletic ability counts, not physical size. Height and weight don't confer special advantages as in basketball or football. It's a tough game, so Dad can be pleased with the physical and mental conditioning, but Mom doesn't need to worry too much about the risk of injury. And it is an egalitarian sport. No expensive equipment is required, and in the younger age groups, girls can compete with the boys. The only prerequisites for a good time are a ball, a flat lot, and a handful of kids with energy to burn.

...Dick Heuer

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SUPERVISOR'S REPORT

by Karin Strasser Kauffman
5th District Supervisor

A Sense Of Community

Last Friday evening my family and I attended the lighting of the Christmas tree at the Mid-Valley Fire Station. For many of us in the Valley, this is the official start each year of the holiday season. I recall when our two boys were still toddlers, and how excited they would get—strapped in the backseat of the car in their infant seats—at the sight of the tree, shining on the south slope of the hills, as we drove toward home in the early evening hours. Now, they get their thrills at the Christmas punch-and-cookies table, and in running around the fire engines outside the station in the dark with the rest of their pals!

Attending the ceremony reminded me once again what makes this Carmel Valley community so special: it is a *real* community—not only active, not only interested in one another, but a true mix of people. Young and old, of various interests and concerns, with different lifestyles and philosophies—these are what make living in the Valley so "natural," what continues to keep us involved, what makes our efforts to plan for the future well worth while. Unlike so many other neighborhoods on the peninsula and countywide, this area has not yet succumbed to being typecast.

All of which brings me to our Carmel Valley Master Plan. Everyone talks a great deal of the Number One goal of the Plan, which is "to preserve the rural character of the Carmel Valley." That is certainly appropriate and has been the focus of my own efforts in working on the Master Plan for many years prior to being elected as your Supervisor. However, it is important to note also the Number TWO goal of our proposed plan: "to maintain both physical and socio-economic diversity." This goal was uppermost in my own mind at the Christmas tree lighting. It is absolutely essential to me that we work to maintain a true population mix, that we preserve this sense of a well-rounded community, of a living, active "people" environment.

As this goes to print, two more lengthy public meetings on the Master Plan are scheduled before the Board of Supervisors in Salinas. We will be discussing the various alternatives for change and preservation in this little Valley over the next twenty years. I personally am eager to have our goals clearly stated and legally guaranteed, to have the seven-year moratorium lifted and the permit process returned to normal. At the same time, I am grateful that we have had the last several years to thoroughly examine and debate where the valley will be headed and at what pace. Uppermost in our minds should be the nurturing of the people who have chosen to live here, permitting them to remain in an active, natural, and *livable* community.

The Christmas tree, shining on the hill, can remind us.

"Hansel And Gretel" At Hidden Valley

The Hidden Valley Dance Center will present six performances of the *Hansel and Gretel* Ballet December 11 through 14. Under the direction and choreography of artistic director, John Pasqualetti, the two-act program will be presented by the students of the Center who range in age from five years to adult. All proceeds from the performances will benefit the continuation of the Dance Center and its programs.

The performances will be held in the Hidden Valley Theater on Carmel Valley Road at Ford Road in Carmel Valley Village on December 11 at 7:00 p.m., December 12 at 7:30 p.m., and on December 13 and 14 at 2:00 p.m. and 7:30 p.m. Admission is $8.00 for adults and $5.00 for children 12 and under.

This is John Pasqualetti's second year with the Hidden Valley Dance Center. Prior to his arrival on the Peninsula, he was artistic director for the San Francisco Pacific Ballet and was choreographer in residence and master teacher at the American Conservatory Theater for 15 years.

The Mother (Virginia Bell) looks anxiously at Hansel (Karina Keyston) and Gretel (Kelley Driscoll) as the two children start on their fairy tale adventure. "Hansel and Gretel" will be performed by the Hidden Valley ballet on Dec. 11-14.

Barbara Sherman Raps About Riprap

Barbara Sherman smiles easily. She responds to our knock graciously and welcomes us into her parlor, a warm and friendly room with a view of the Carmel River. She has lived in this comfortable house on Schulte Road for almost thirty years, has reared three children here. She holds her 18 month old grandson, Justin, on her lap; he is restless, not feeling well.

Barbara Sherman is "overjoyed" that the Water Management District has completed its work to stop the erosion that has plagued her for thirty years. Because three hundred feet of her property fronts on the Carmel River, the River's unpredictability figures largely in many of the events that shaped her life here.

She will never forget 1958, when the Carmel River "came close to coming over my door sill." She remembers Easter, 1982, when there was a "high water time," and the River jumped its banks. She lost her barn and utility shed, and a neighbor lost an outbuilding.

"I'm glad they did it," Barbara said, nodding her head toward the newly shored banks of the River at the Schulte Road Bridge. Just this past week, the Carmel Valley Construction Co. completed the Water Management District's erosion control project. "I won't have to worry about the Fish and Game people coming to arrest me anymore," she smiled.

Barbara recalls the County doing piling work on the Schulte Road Bridge a few years ago. "They didn't fill it, and it made a deep river right down Schulte Road. The River cut 15-20 feet deep in some places. It took the road bed right out. After that happened, the County fixed Schulte Road quickly." She chuckles at the memory of how quickly bureaucratic red tape can be *cut when the need is great enough.*

"Then, the Fish and Game people came after me," she continued. "People living along the River were responsible for keeping the banks, they said, and they wanted us to get permits every six months so that we could do the work. They came to see me in December and told me I had to fix the erosion by January 5. I didn't have the fill to do it."

While she was trying to comply with official demands, Barbara and her neighbors continued their fight against the intruding river. She got dirt and riprap to fill the holes that the erosion drilled into the banks, "but that didn't do it. We put everything we could into that River to try and keep the banks," she said, "cars, refrigerators, just anything we could get hold of. Nothing worked."

Barbara Sherman holds grandson, Justin Groza, outside her riverfront home.

The Fish and Game people continued their harassment. Barbara remained philosophical about it "until I was threatened with arrest. The Fish and Game warden actually had his handcuffs out and began to read me my rights. There was no way they were going to haul this grandmother of ten off to jail because she couldn't wrap up the river bank right away."

Exasperated and angry, Barbara wrote a long letter to Fish and Game describing the situation. She sent copies of the letter to her neighbors. Two neighbors, Darrell Day and Dick Heuer, responded immediately. Others followed. "Fish and Game got phone calls from everyone around here, and they backed off," she said. "They should have been working with me, not against me."

Looking wistfully in the direction of the River, Barbara said, "We have lots of money in that bank. A fortune has been spent trying to stop the erosion."

Along with all the negatives, there are many positives for Barbara. She remembers how, in the flood times, people—often strangers—hauled in riprap, "including all of the dirt movers in the area, as well as Cal-Am and PG&E. They brought it in by the *truckloads, and they spread the word. That was the beautiful part of it.*"

"You become philosophical when you live near a river," Barbara said. "We knew there were problems and tried to prevent them, and we failed."

Barbara feels good about the work that has been done to stop the erosion. "This time, I'm sure it will work. They are trenching at the base of the bank, and that will keep the riprap from dropping down. It's an excellent job. They know what they are doing," she said.

Barbara is "grateful for the good years. I know the River won't come through again, but there's nothing to stop it from coming over."

For the time being, however, Barbara Sherman is looking forward to being free of the worry that has plagued her and her neighbors for almost 30 years. "We all deserve a rest from the worry," she said. Amen.

Thanks!

The Tularcitos parent Club extends its heartfelt thanks to the following businesses that so kindly contributed to the Fall Carnival and the Scarecrow Contest:

M.J. Murphy Inc.
The Flower Connection
Sunshine Children's Center
Tularcitos Parent Co-op
Tom Ocampo Cabinet and Mill
Fine Woodworking—Steve Hershey
Creative Cabinetry—Chris Engle
Miller Made Cabinet—Larry Miller
Hacienda Hay and Feed
'Secrets'
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Mid-Valley Safeway
The Last Chance
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SPCA Benefit Shop
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The Village Business Service

WILDERNESS REPORT

by Glenn R. Stewart
Ventana Wilderness Sanctuary

Some of the best naturalists I know are self taught. They are people who have begun with a general interest in the birds that we restore to the wild or with basic camping skills that are required to maintain the release sites. They find that a bond forms and they crave time in the wilds. They become students of the plant and animal life that surrounds them until they themselves become a part of the scenery.

These serious naturalists are drawn with greater frequency to their various outdoor pursuits until wilderness becomes like an opiate that adicts them to its solace.

The poet, Robert Service, wrote of this basic human attraction to wilderness in his poem "Call of the Yukon":

"...Yet it isn't the gold that I'm wanting
So much as just finding the gold.
It's the great, big broad land 'way up yonder,
It's the forest's where silence has lease;
It's the beauty that thrills me with wonder,
It's the stillness that fills me with peace."

This need is difficult to quantify, but I think we all feel it to some extent. Granted, there is a wide range of wilderness appreciation. To some, a wilderness experience may be driving down Highway One in a Maserati and pulling over occasionally to look out over the open and uninterrupted expanse of the ocean. A deep breath of sea breeze and an ear full of barking sea lions and it's back in the Maserati and on to Morro Bay.

Most of us do feel an attraction for "natural exposure," though. Whether it is a casual walk along an undisturbed stretch of beach or an afternoon hike out of earshot from the highway, contact is made with the wilds. Those wishing a deeper and more complete contact spend long periods trekking alone through areas where the artifacts of man are unknown and unwelcome.

That there is solace in such contact is self evident. We all pursue it on one level or another. The difficulty comes when we try to describe it or discover a reason for the sense of apparent well-being that seems to flow from our outdoor experience.

Mountaineers, deepsea fishermen, wildlife biologists, backpackers and hunters crave and seem to benefit from their time "out there." But inner city kids who have never been more than a few blocks from home also seem to benefit. When they are transported to camps in the forest under special programs designed to assist the underpriviledged, many of the street-tough youngsters claim to have "lifechanging" experiences as they commune with nature for the first time.

There is a beckoning from the wilds; a communication with the soul. It may be a primal memory of an earlier time that is tucked deeply away or a suggestion of the memory brought to the surface by undisturbed outdoor experiences. It may be an awakening of long unused senses that are no longer needed in the plush interiors of our insulated lives.

Senses have been shown to exist in a variety of creatures that allow an awareness of changes in the atmospheric pressure, the earth's magnetic field, and the solar and lunar cycles. Oysters, collected from Long Island Sound, Connecticut, were transported to a Chicago laboratory where they were held in constant laboratory conditions and observed. For two weeks, the oysters continued to open in unison at the time high tide washed the Atlantic Coast, but suddenly a slippage in their timing was observed. As the oysters *developed a new rhythm, it was calculated that they were opening at a time that would have been "high tide" in Chicago—a determination that the oysters could only have made by sensing the gravitational pull of the moon since the laboratory enviornment excluded* all other clues.

From time to time we hear evidence of how the cycles of the moon affect people. There is a relationship between birth and tides. The times of births in communities living on the North Sea coast of Germany, show that an unusually large number occur just at the time of the high tide. In other words, there is a sudden increase in births each day when the moon is passing directly overhead. Lyall Watson's book, *Supernature,* chronicles many additional examples of the ways in which all life responds to the cycles and rhythms of nature.

When we take the time to feel the cycles and hear the rhythms, we rejoin an interacting community of life. The solace we discover in that community we call "wilderness" is a peaceful homecoming for the mind of man—a mind born of the wilds but recently thrust behind the wheel of a Maserati.

I would not suggest that we all abandon our fast cars and comfortable ways to return to a life of squatting around our campfires in loinclothes. I do, however, think it's incumbent upon us to recognize the importance of wilderness as a panacea for the neuroses of the day.

The preservation of wilderness as a place for wildlife to live and prosper is extremely important. But it may be far more important to preserve pristine landscapes as corners of the earth where we can restore our own psychological well-being. People need wilderness too.

If You Call Santa, It Will Cost!

Pacific Bell reminds customers in the Central Coast that each call made to any "976" dial-a-message number will add to their monthly phone bill.

"Several 976 vendors are providing special holiday programs this year, and we hope they're successful," said Jim Bower, area manager for Pacific Bell. "But we don't want customers to be surprised by their telephone bill."

Pacific Bell allows 976 vendors to use the company's local phone network to offer recorded messages to customers, for charges ranging from 20 cents to $2 for each call, plus any applicable toll charges.

"Some programs offered during the holdiays are expecially attractive to children, such as those offering to let a caller talk to Santa Claus," said Bower. "We encourage parents to make sure their children know that these calls are not free."

Among the services currently offered through 976 vendors are inspirational messages, sports and soap opera updates, stock information, trivia games, and horoscopes. There are about 600 different 976 programs available in California, from approximately 200 vendors.

To help children understand how 976 works, Pacific Bell offers customers a brochure titled "Telephone Tips for Kids."

The brochure, developed with the cooperation of the California PTA, the State Department of Education and the State Department of Consumer Affiars, is free to customers who would like a copy. Write to 976 Tips, c/o Pacific Bell, P.O. Box 3660, South San Francisco, California 94080. The brochure is available in both English and Spanish.

Fire Departments Offer Santa Delivery Service

The Carmel Valley and Mid Carmel Valley Fire Departments are again conducting the Santa Claus Delivery Service for families living within their respective boundaires. With a major assist from the firefighters, Santa will deliver gifts to children at their homes on Christmas Eve, December 24.

The Mid Carmel Valley Fire Department will make their Santa deliveries between 3-5 p.m. Christmas Eve, and the Carmel Valley Fire Department will deliver between 5-9 p.m. Christmas Eve.

Parents wishing to have a present delivered must drop off the gift at the appropriate station any day between 9 a.m. and 5 p.m. at Carmel Valley, and between 8 a.m. and 5 p.m. at Mid Carmel Valley. Packages will not be accepted after 3:30 p.m. on December 24 at Carmel Valley, or after December 23 at Mid Carmel Valley. PLEASE! ONE PACKAGE PER CHILD.

No animals, bicycles, or extra large packages will be accepted, and gifts *must be identified* with the child's name, address, and telephone number on a 3x5 card. If the house is difficult to find, please include directions.

For questions on this unique service, call the elves at the Mid Carmel Valley Fire Department, 624-5907, or the elves at Carmel Valley Fire Department 659-2021. The firefighters of both Departments are looking forward to playing Santa on Christmas Eve.

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FREE FOAM PAD WITH INSTALLATION OF ANY APOLLO CARPET OVER 30 YARDS
SALE
GREAT DEAL—
BEAUTIFUL 12 x 21' SAXONY PLUSH CARPET—RATTAN COLOR—
REDUCED TO GO!
REG. $657.90 NOW $497.90
PLUS—
LIMITED REMNANTS VINYL & CARPET

Christmas Gift Suggestions for Your Pets from The Golden Dolphin

★ Custom-made Christmas stockings
★ New selection of raincoats and sweaters
★ Books on training, petcare, breed varieties and many others
★ Good selection of bird cages, squeaky toys
★ Rawhide bones, rubber bones, nyla bones and more
★ Many kinds of birds–*All bred and raised locally.*

Golden Dolphin Pet Shop
Carmel Rancho Center/624-2388
(Next to Brinton's)

del Valle 659-5033
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FIREARMS & AMMUNITION
ACCURIZING & REPAIR
S9 TALBOT BUILDING
CARMEL VALLEY VILLAGE

The Frohman Academy To Take "Oklahoma!" To Russia

The Frohman Academy for Musical Theatre Education and its affiliate producing arm, The American Musical Theatre Festival, along with The Zev Bufman Theatre Partnership, Ltd., have been granted production rights by The Rodgers and Hammerstein Organization to mount a limited tour to Russia with the landmark Broadway Musical...*Oklahoma!* Negotiations currently are underway to present the musical in Moscow and Leningrad for staging in mid-1988.

The Russian tour is viewed as an important contribution to international cultural exchanges designed to aid world peace by increasing understanding between nations. Tom Briggs, Manager of The Rodgers and Hammerstein Theatre Library, agrees: "We hope the Russian audiences will enjoy the production, and that they will come to have a deeper appreciation of the spirit of America and its people by sharing the joy of our country's own native theatrical art form...the Broadway Musical."

The Russian tour of *Oklahoma!* marks the second co-venture between The Adacemy/Festival and the Bufman Partnership. Bufman is responsible for the recent New York revivals of *Brigadoon* and *Oklahoma!*, and is enthusiastic about the Russian tour.

"The Broadway production of *Oklahoma!* and the national tour ran nearly three years. When we finally closed, Billy Hammerstein and I had on unfulfilled dream...to take *Oklahoma!* to Russia and China. this association with Mikel and The Academy will finally make this dream happen."

Potential corporate, government and private sources of financing are expected to assist in making *Oklahoma!* a reality. Jean Darragh, liaison of The Center For Soviet-American Dialogue, will serve as Sponsorship Coordinator, and Charlotte Wilcox and Theatre Now, New York City, will serve as General Managers.

This special tour will use talented Frohman Academy and college student performers from throughout the nation in a cast alongside Broadway professionals. Auditions are tentatively scheduled for Spring of 1988 and are projected to take place in several major cities.

Alvarez Receives Award For Efforts To Improve Home Health Care Standards

Margarite Alvarez, a partner in the Carmel Valley based firm, Country Home Care, has been recognized for her efforts to further state legislation upgrading standards for home health care. The California Association of Personnel Consultants, at its convention in Monterey November 15-16, awarded Ms. Alvarez a plaque in "Appreciation and Special Recognition for Legislative Contributions, 1985-86."

For the past several years, Ms. Alvarez has traveled to Sacramento or San Francisco about once a month to lobby for higher standards and more consumer protection for the home health care service industry.

Ms. Alvarez seeks a law to require that all persons sent out by licensed agencies to provide home health care must be certified nurses aides. At present, there are no such training or certification requirements. She is hopeful that this law will be passed next year. According to Ms. Alvarez, her firm, County Home Care, is the only licensed home health care service on the Peninsula that now requires certification for all homemaker/nursing assistants.

Ms. alvarez is also lobbying for basic consumer protection regulations. She wants licensed agencies that supply nurses aides, homemakers and baby sitters to be required to check the references supplied by their employees. She also wants an upgraded personal history form that mandates what information a licensed agency must have about an employee before sending that employee out to provide services in the home.

Ms. Alvarez, who lives at Carmel Valley Ranch, recognizes that she is unusual in lobbying for more regulation for her own industry. Normally, businesses lobby for less regulation, not more. She notes, however, that home health care is changing and growing rapidly. It is the second fastest growing service industry in the United States, and the state regulations that apply to it have not been updated for 30 years.

She explains that elderly people being cared for often don't have families nearby to help them; they are totally dependent upon the firm and the ability and integrity of its employees. Ms. Alvarez believes this "creates a special obligation to train and screen those employees well."

CV Post Office Will Be Open Two Saturdays Before Christmas

The Carmel Valley Post Office will be open on Saturday, December 13, and Saturday, December 20, from 9 a.m. to 1 p.m. for the convenience of postal patrons.

DEADLINE FOR COPY AND ADS
DECEMBER 17 *(No exceptions please.)*

We will be serving lunch again next spring. This winter join us for dinner!

Fresh Seafood
Our Specialty

From the Hyatt to the Double Tree to Old Fisherman's Grotto. Chef de Cuisine, Bill Nelson hoisted his own sails in Carmel Valley two years ago.

An extensive seafood menu awaits you, also featured are steaks, chicken and pasta. Vegetarian entrees are also available. ...and of course, everything is fresh!

Among our specialties, you'll enjoy...
California Cioppino • Coquille St. Jacques
Fresh Abalone • Bouillabase

Fine French and California Wines

Available for private parties... Lunch and Dinner

Dinner Nightly from 5 • Closed Wed.

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Reservations Advised

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Since 1983
RESTAURANT
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53 W. CARMEL VALLEY RD. • 659-3678
At the corner of Pilot Rd. in The Village

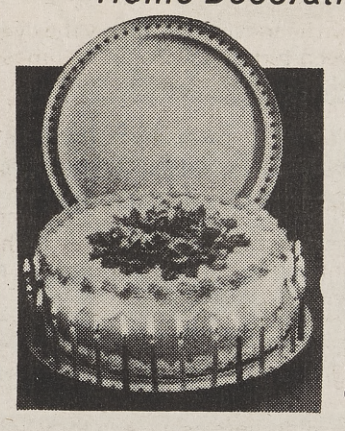
Heart Answers

Hyper–cholesterolemia

Hypercholesterolemia is a condition in which too much cholesterol, a fatty wax-like substance, is circulating in the blood. Cholesterol is manufactured by the body, and comes from animal substances, such as meat, egg yolks and whole milk dairy products. When the amount of cholesterol becomes excessive, it is deposited on or in the lining of the arteries with other fatty substances. Over a period of years, the lining of the arteries becomes thicker and harder, and the channel through which the blood flows is narrowed. When an artery which supplies the heart with oxygenated blood closes off, a heart attack results.

American Heart Association

DI MAR DESIGNS
Your Complete Home Decorating Shop



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THE PARTY PLATE™...
A quality, hand-crafted serving plate to enhance any occasion. Holds up to 65 candles around its outer edge.

Fill the rest of your gift list from our selection of:
Raku Pieces
Mohair Shawls
Handwoven Zapotec Rugs
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The Village Shopping Center • **659-5558**

Mon.-Fri. 10-5 • Sat. 10-1 *Sun. & Eves. by appt.*

China Silk Nail Work
659-5500
Holiday Special
Hot Oil Manicure & Pedicure
Includes Hand and Foot Massage, Nail Decorating, Nail Painting
$25.00 Per Visit
Gift Certificates Available
40 W. Carmel Valley Rd. (Next to Guiseppe's Work Bench)

Mary Edwards Believes Good Health Comes From Good Foods

The Carmel Valley Natural Food Store has operated successfully in the Village Center for a number of years under several owners. The store's newest and present owner, Mary Edwards, not only believes in natural foods as did her predecessors, but she offers ample evidence of the depth of her belief through her own vibrant good health, achieved after years of ill health.

With her husband, Don, Mary Edwards came to Carmel Valley from Elyria, Ohio, in 1985. For the nine years prior to their westward trek, Mary managed a natural food store in Elyria and built the store into a half million dollar business. "I built it into something I couldn't afford to buy, even though I wanted to own it," she chuckles.

Once settled in Carmel Valley, Mary decided to pursue her dream of owning her own natural food store, and was delighted to discover that the Carmel Valley Natural Food Store was for sale.

Mary Edwards is the kind of woman who would succeed no matter what kind of business she had, but she chose the natural food business, and there is ample reason for her choice.

Years ago, she developed severe colitis, a painful, chronic inflammation of the lining of the colon. Medication helped the pain, but did not cure the cause. Weary of the toll it was taking on her body, Mary began reading about colitis and natural aids in the nutritional literature. She was impressed by the work of Nora Hayden, a prolific author on the subject of nutrition, and decided that, for her, this was the way to go.

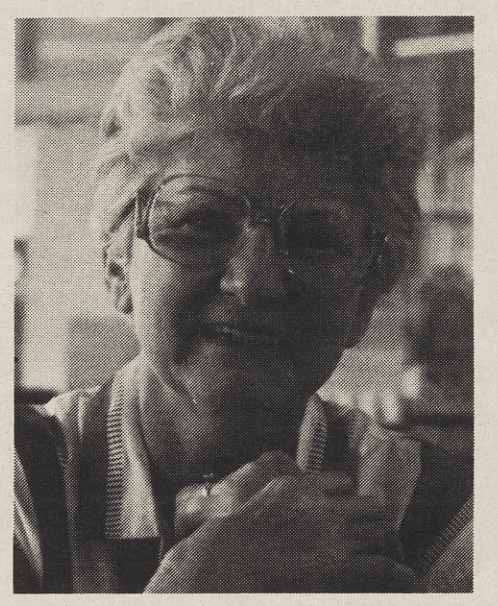
"It was so simple," Mary said, remembering. "I went off all of the junk food and ate properly."

Changing her diet cured the colitis and made Mary a True Believer in eating the "right foods." She defines "right foods" as foods that are "made from scratch—no processed foods, no carbonated beverages, no sugar or salt. It also means good protein and high fiber foods."

Pleased by her recovery, Mary sought work in the natural food field. She found a job in an Elyria health food store, and, to add to her growing store of knowledge, took nutrition courses at Lorain County Community College. Three months after starting her job, she was promoted to manager. She continued her education in earnest, not only taking courses in nutrition, but also studying Iridology (a simple method of diagnosing illness through the iris of the eyes) under Bernard Jensen, one of the foremost practitioners of this ancient art, and Kinesiology, a form of muscle and reflex testing.

While studying under Dr. Jensen, she also studied the healing qualities and properties of herbs. "Herbal knowledge blends beautifully with Iridology," Mary explained. She also studied under Hanna Kroeger who has written many books on health.

"I have a lot of knowledge," Mary said, "but I will never, never tell anyone something off the top of my head. If I don't know the answer to a question, I make sure to look it up."



Mary Edwards

Once the Carmel Valley Natural Food Store was hers, Mary set about upgrading it. She calls the store "a natural food store, but so much more."

The first item on Mary's renovation agenda was to change the physical appearance of the store. It now has new flooring, fixtures, merchandise, additional shelving, and "a paint job to make it look nice and bright."

Next, Mary broadened her product base. "I brought the knowledge I had with me, and I added things like freshly dried herbs and spices, over one hundred bulk items, the latest in natural beauty and body care items, and so forth," she said.

A frozen food section has been added—"foods frozen without chemicals and hormones"—Mary explained, and the store now boasts the full lines of vitamins and minerals from four major companies.

Never one to rest on her laurels, Mary has more changes in mind. "I want some more shelving to add a few more products, and I am adding a giftware department—items such as juicers, small appliances, a variety of crystals, etc." She also carries relaxation tapes, including works by talented harpist Georgia Kelley, and Carmel Valley's own Steven Bergman.

Mary said that people often come to the store as a last resort after looking for something somewhere else. "Invariably, we have it," she smiled. "They should have come here first."

To Mary, natural foods are not expensive. "If people would check in the supermarkets and compare the quality of what they get there with what they find here, the prices are comparable. Many times, we are less expensive."

She does not see the supermarkets as competition. "I don't feel they are competition. We are here to help each other and inform the public. I don't need or want to compete with anyone; I'm here to help people. We are all here to enjoy this beautiful place and help those who come to us."

Mary's husband, Don, daughters Donna and Nancy, son, Rick, and Rick's wife, Carol, help Mary in the store at various times. Husband Don had a major hand in the remodeling operation. Rick, a graduate of Bolling Green State University, Ohio, has studied organic chemistry and nutrition. A former teacher, he has been active in radio as a broadcaster. "With his education and background, Rick is able to explain to people how necessary it is to feed the body as naturally as possible," Mary said.

Mary has not cut her ties with Elyria. She still receives letters from Ohio from "people who knew me and trusted my judgement," she said, "and they still write for advice."

Mary Edwards has developed her own philosophy—"I enjoy what I do and I enjoy living here. If I can do this, then my life has purpose."

About the Carmel Valley Natural Food Store and its future, Mary understands that "people seldom want to read about what's wrong with them, so we try to provide a friendly atmosphere and not dwell on the negative. Here, we market health, not illness."

Mary Edwards will see to that!

OOPS! The Carmel Valley Floors ad in our last issue announced a "GREAT DEAL" on a 12x12' Saxony plush carpet. The ad should have read **12 x 21' SAXONY PLUSH CARPET.**

Our apologies to Toni and Mo.

Carmel Valley Sun

Oak Deli & Bakery
Carmel Valley, CA

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Located in the Village on Carmel Valley Road
Mon-Thurs 7:30-9; Fri-Sat, 7:30-10;
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THE Travel Agency in the Village
Contact us NOW for your Holiday travel plans!
How about a Christmas Cruise—or consider Mexico or Hawaii
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HOMES • RANCHES • LAND
HORSE PROPERTY
TWO ATTRACTIVE HOMES on fully landscaped parcel and only minutes to center of Village. Main house and guest house tastefully done with complete privacy for each house. Lots of extras like fully finished oversized garage, two carports, hot tub, rock work, spacious decks and lots of trees. Perfect setup for family with in-laws or near grown children. Priced at $280,000.
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Featuring Ron Blaire
Sat. night From 9
Jenn & Nelson Foreman invite you to the
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FUN DINING FOR THE ENTIRE FAMILY
Sit on our patio and soak up some Carmel Valley sun.
We feature burgers, salads and Mexican dishes; steak, chicken and fish; Prime Rib on weekends and daily lunch and dinner specials.
Menu served from 11 a.m. til closing
Saturday Brunch from 10 a.m.
Sunday Brunch from 9 a.m.
Takeout service is available
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24 E. Carmel Valley Road

LOS LAUREL LODGE
SINCE 1939
HAPPY HOUR
MONDAY THROUGH FRIDAY, 4-6 PM
DRINKS $1.25 — DRAFT BEER $.75
CHIPS & DIP
MONDAY NIGHT FOOTBALL
(at above Happy Hour prices)
PAT DUVAL SINGS WITH YAREK URANTE
AT THE PIANO FRIDAY & SATURDAY 9:00-12:00
BREAKFAST SERVED FROM 8:00 AM
BRUNCH SERVED FROM 11:00 AM
DINNER SERVED FROM 5:30 PM
CARMEL VALLEY/659-2233

CHURCH NEWS

Heifer Project Sponsored By Community Church Of The Monterey Peninsula

"Sharing Livestock, Serving People" sums up the Heifer Project ministry. It is an expression of our Judeo-Christian heritage which reflects God's call to help the hungry of the world. The Missions Committee of the Cummunity Church of the Monterey Peninsula is sponsoring, especially during this Christmas season, the program of the private, non-profit Heifer project International.

The Project sends animals to qualified hungry poor throughout the world, along with instructions as to how to care for them in order to produce food or clothing, and with suggestions that a firstborn creature be given to a deserving neighbor to carry on the self help process. Locally, the way to participate is to "buy" chicken, bees, rabbit, goat, sheep, pig, or cow or a share in an animal for as little as one dollar. For example, a whole cow 'costs' $900 with a share for $20; a chicken for $1 each; a goat for $150 or $5 shares. All "purchases" are used to deliver an animal and teach its care.

Life giving by individuals or by a group is available. Details, including an appropriate tailoring to assist any proposed desires, can be obtained by calling Beth Julian (624-2248) of the Church Mission's Committee, or through the Church Office (624-8595). "Living Gifts Give Life" is the practical watchword of this ongoing sharing adventure.

Candelight Christmas Eve Service At CV Community Chapel

A Candelight Christmas Eve Service will be held at the Carmel Valley Community Chapel (Paso Hondo at Village Drive) on December 24 at 11 p.m.

In addition to traditional carols, the Chapel Choir under the direction of Stephen Tosh, will sing "When the Christ Child Came," a cantata by Clokey. The service, consisting of readings, music, and prayer, will conclude at midnight. The Rev. Ann C. Swallow and the Rev. Dr. John-Paul Beaudoin will preside.

No child care is available. For information, call 659-2278.

CV Community Chapel's Fidelity Club To Host Christmas Dinner

On December 17, the Fidelity Club of the Carmel Valley Community Chapel will host a Christmas Dinner in Fellowship Hall (Paso Hondo at Village Drive) commencing at 6:15 p.m. The Rev. Anne C. Swallow and the Carlson Family of Poppy Road will provide a ham for the event. Those who wish to attend are asked to bring a dish to share and their own dinner service. Santa is expected to drop by for a visit.

At 7:15 p.m., following dinner, the Chapel school children will present a special Christmas Program in the Chapel Sanctuary. Church members and members of the community are invited to attend.

For more information, please call 659-2278 or 659-3030.

SHERIFF'S LOG

SHOPLIFTING

December 2. Long's Drugs. Employee reports person in custody for shoplifting. Suspect transported to station and booked.

December 4. Long's Drugs. Shoplift. Juvenile cited.

THINGS THAT GO BUMP IN THE NIGHT

December 1. Del Mesa. Resident reports hearing noises like someone trying to force open his door.

VANDALISM

December 2. Del Fino Place. Owner reports someone broke three boards off fence between his building and adjoining building.

December 4. Crossroads. Resident of So. Carmel Hills Drive reports someone intentionally scratched the paint on his vehicle while it was parked at The Crossroads.

A HAPPY ENDING

December 2. Prado del Sol. Resident reports elderly lady unable to fund her way home. Subject reunited with her son.

BAD CHECK

December 4. Collage, The Barnyard. Owner reports receiving bad check.

ON LOVING THY NEIGHBOR

December 1. Prado del Sol. Resident reports that unknown male followed his wife home. Subject was apparently annoyed at resident's wife because she drove behind him with her high beams on. (Let that be a lesson!)

December 1. Rippling River. Resident A reports that another tenant, Resident B, has been accusing A of having a stereo that belongs to B. Ongoing problem.

LOST AND FOUND

December 1. Via La Gitana. Landlord reports former tenants left a satellite dish behind on the property.

December 4. Via Cazador. Resident reports finding a girl's yellow 20" Schwinn bicycle on vacant property next to his residence. Bike has been there for several days.

UNSEEMLY BEHAVIOR

December 3. Carmel Mission Inn. Employee reported intoxicated person in lobby. Subject taken into custody for being drunk in public. Gave incorrect name. Once in jail, suspect gave real name, and a resisting arrest charge was added at the jail. (Honesty is still the best policy, t'would seem.)

FIRE/AMBULANCE LOG MID CARMEL VALLEY

11/22. Medical emergency (ME). 27917 Berwick Dr. Patient transported to CHOMP.

11/23. Vehicle injury accident. Carmel Valley Rd. near Robinson Canyon Tunnel. Patient transported to CHOMP.

11/25. Service Call (SC), 27305 Schulte Rd.

11/28. SC, loose cattle. Carmel Valley Rd.

11/29. ME, 6325 Brookdale Dr. Patient to CHOMP.

11/29. SC, 26760 Paseo Robles.

11/30. ME, 9010 Carmel Valley Rd. Patient to CHOMP.

12/01. ME, 27145 Meadows Rd. Patient to CHOMP.

12/02. Vehicle roll over, Carmel Valley Rd. near Dorris Dr.

CARMEL VALLEY VILLAGE

11/22. Atuomobile accident, Carmel Valley Rd. and Laureles Grade. Injured transported to CHOMP.

11/22. ME, 14 Ford Rd. Patient to CHOMP.

11/25. Grass fire, 4 Buena Vista del Rio.

11/26. Another ME, 53 E. Carmel Valley Rd.

11/27. Grass fire, West Carmel Valley Rd.

11/27. ME, 21 Los Helechos.

11/29. SC, 40 Miramonte.

11/29. Auto accident, Paso Hondo at Village Dr. Injured transported to CHOMP.

11/30. ME, 53 E. Carmel Valley Rd.

11/30. ME, Via Milpitas. Patient to CHOMP.

11/30. ME, 21 River Road.

12/01. ME, 24 E. Carmel Valley Rd. Patient

12/02. ME, 37 Holman Rd. Patient to CHOMP.

12/02. Smoke investigation, Hitchcock Canyon.

Chapel Preschool Extends Hours And Program

The Carmel Valley Community Chapel Preschool now provides full-day childcare and preschool activities for children ages 2½-5 years old. The Chapel Preschool offers a safe place for young children in an environment conducive to optimal growth, and work and play in a happy, warm, and loving atmosphere. Included in the program are a variety of age-appropriate play experiences which contribute to the physical, social, emotional, intellectual, and spiritual development of the individual child. Learning materials and motivational activities that build important foundations for future reading skills and other academic pursuits are offered, as well as math, arts and crafts, games, gardening, cooking, and music.

Under the supervision of a licensed director, Linda Ingram, the Preschool staff is carefully selected for educational background, preschool teaching experience, creativity, and sensitivity to individual needs. The newest addition to the staff is Marge Arvantis as full-time head teacher who brings over 16 years of experience operating her own preschool program in Nebraska.

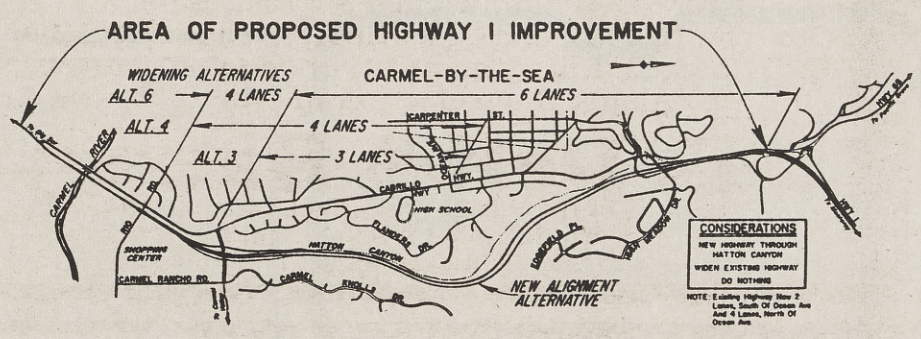
The new extended hours from 7:30 a.m. to 5:30 p.m. provide working parents with the opportunity to have both a caring and educational environment for their children throughout the day. Contact Linda Ingram at the Preschool, 659-3030, or the Community Chapel office, 659-2278, for more information, or visit the Preschool at 42 Village Drive, in The Fellowship Hall building of the Community Chapel (corner of Paso Hondo).

Caltrans

public hearing

DRAFT ENVIRONMENTAL IMPACT STATEMENT AVAILABLE FOR IMPROVEMENT OF HIGHWAY 1 NEAR CARMEL

AREA OF PROPOSED HIGHWAY 1 IMPROVEMENT



WHAT'S BEING PLANNED	THE CALIFORNIA DEPARTMENT OF TRANSPORTATION (CALTRANS) IS PROPOSING TO IMPROVE HIGHWAY 1 IN MONTEREY COUNTY FROM JUST SOUTH OF THE CARMEL RIVER TO THE EXISTING PACIFIC GROVE/HIGHWAY 1 INTERCHANGE.
WHY THIS AD	CALTRANS HAS STUDIED THE EFFECT THIS PROJECT WILL HAVE ON THE ENVIRONMENT. THIS NOTICE IS TO INFORM YOU THAT THE DRAFT ENVIRONMENTAL IMPACT STATEMENT IS AVAILABLE FOR YOU TO READ. THE REPORT DISCUSSES THE ENVIRONMENTAL IMPACTS FOR THE VARIOUS ALTERNATIVES. A HEARING WILL BE HELD TO GIVE YOU AN OPPORTUNITY TO TALK ABOUT THE ENVIRONMENTAL IMPACTS, DESIGN FEATURES, RIGHT OF WAY NEEDS, AND WORK SCHEDULING WITH CALTRANS STAFF BEFORE THE FINAL DESIGN IS SELECTED.
WHAT'S AVAILABLE	MAPS, THE DRAFT ENVIRONMENTAL IMPACT STATEMENT AND OTHER PROJECT INFORMATION ARE AVAILABLE FOR REVIEW AT THE CALTRANS DISTRICT OFFICE, 50 HIGUERA STREET, SAN LUIS OBISPO, ON WEEKDAYS FROM 7:30 A.M. TO 4 P.M. THE DRAFT ENVIRONMENTAL IMPACT STATEMENT IS ALSO AVAILABLE AT THE CARMEL, MONTEREY, PACIFIC GROVE AND CARMEL VALLEY LIBRARIES.
WHERE YOU COME IN	WHAT DO YOU THINK ABOUT THE PROJECT? HAVE YOUR CONCERNS BEEN ANSWERED? YOUR COMMENTS WILL BE PART OF THE PUBLIC RECORD. IF YOU WISH TO MAKE A COMMENT AND CAN'T ATTEND THE PUBLIC HEARING, YOU MAY SEND WRITTEN COMMENTS UNTIL JANUARY 11, 1987, TO CALTRANS, ENVIRONMENTAL PLANNING BRANCH, P O BOX 8114, SAN LUIS OBISPO, CALIFORNIA 93402-8114.
WHEN AND WHERE	A PUBLIC HEARING WILL BE HELD THURSDAY, DECEMBER 11, 1986, AT 7 P.M. IN THE CARMEL MIDDLE SCHOOL GYM ON CARMEL VALLEY ROAD APPROXIMATELY 1 MILE EAST OF HIGHWAY 1. THE GYM WILL BE OPENED FROM 4 P.M. TO 6 P.M. FOR A PREHEARING MAP SHOWING, WHERE YOU CAN DISCUSS THE PROJECT WITH CALTRANS STAFF.
CONTACT	FOR MORE INFORMATION ABOUT THIS PROJECT, CALL CALTRANS AT (805) 549-3357.

if you care...come!

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Your Valley Green Grocer

FRESH FRUIT & VEGETABLES
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All sizes of Pumpkins—Also Indian corn & gourds.

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Fireplaces, Foundations, Patios, Retaining Walls . . . All types of masonry.
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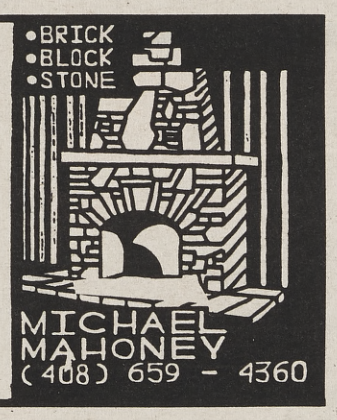
MAHONEY MASONRY, INC.



Advisory Committee Seeks Removal Of Giuseppi's Satellite Dish

Jack Hanford, Chairman of the Lower Carmel Valley Advisory Committee, has written County Planning Director, Robert Slimmon, to advise of the Committee's continuing concern about the satellite dish for TV reception installed on the roof above Giuseppi's Pizza Plus restaurant in the Carmel Rancho Shopping Center.

The satellite dish was installed without a permit about 18 months ago. When the Advisory Committee discovered this, it informed the Planning Department which then instructed Giuseppi's to apply for a permit.

The permit request came before the advisory Committee on April 16, 1986. The Committee advised against approval of the satellite dish and the permit was subsequently denied by the County Zoning Administrator. The dish has not been removed, however, and the Committee is now suggesting enforcement action.

The Lower Carmel Valley Advisory Committee is appointed by the Planning Commission to advise on planning matters in the Valley between Highway 1 and Laureles Grade. It has consistently opposed installation of satellite dishes. It also expressed its concern to Mr. Slimmon about enforcement of sign regulations, specifically at Albertson's grocery store in the Carmel Rancho Shopping Center.

Public Invited To Mid Carmel Valley Fire District Hearing

The Mid Carmel Valley Fire Protection District will hold a Public Hearing on the proposed adoption of an Ordinance updating the Uniform Fire Code and Uniform Fire Code Standards to the 1985 editions Fire Chief Gary L. Carmichael announced recently.

The hearing will take place on Wednesday, December 17, 1986, 7:30 p.m. at the Mid Carmel Valley Fire Department, 8455 Carmel Valley Road. Comments from the public on the proposed ordinance are invited.

Copies of the ordinance are available to all interested citizens of the Fire District, and three copies of the 1985 Uniform Fire Code and Standards are available for review at the Fire Department. Copies of the proposed ordinance will be mailed if a self addressed, stamped legal size envelope is provided with the request. All written comments sent by mail and received by the Fire District before 5:00 p.m., December 17, will be presented to the Board of Directors at the time of the Public Hearing.

For information, please call 624-5907.

Vandalism To Mail & Mail Boxes Is A Federal Offense!

Because of recent problems involving theft of mail and/or damage to mailboxes in our area, the following provisions of Federal Laws involved are brought to the attention of all postal patrons:

Section 1705, Title 18, U.S. Code: "Whoever willfully or maliciously injures, tears down or destroys any letter box or other receptacle intended or used for the receipt or delivery of mail on any mail route, or breaks open the same, or willfully or maliciously injures, defaces or destroys any mail deposited therein, shall be fined not more than $1,000.00 or imprisioned not more than 3 years."

Section 1708, Title 18, U.S. Code: "Whoever steals, takes or abstracts any letters, postal cards, packages, or has in his possession any such articles so taken from, out of, or adjacent to any authorized depository of mail matter shall be fined not more than $2,000.00, or imprisoned not more than 5 years, or both."

It will be noted that the penalties set forth in the above-mentioned statutes are very severe, and all customers are warned not to open or molest any mailbox or mail belonging to another person. Persons who willfully violate this law will be prosecuted.

You are cautioned to refrain from sending small children after your mail; if they open or molest other customers mailboxes or remove mail therefrom, you will be held responsible for their acts.

Please instruct all members of your family particularly children, about this law. If you have any information relating to violations of the above statutes, it would be appreciated if you would contact this office. Any information received will remain confidential.

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Fiction:

1. *The Fourth King* — Glen Petrie
2. *The Celebration* — Mary Lee Settle
3. *The Heart of the Valley* —Nigel Hinton
4. *Man in the Moss-colored Trousers* — Mary Bringle
5. *I Am the Only Running Footman* — Martha Grimes
6. *James Clavell's Whirlwind* — James Clavell
7. *A Taste for Death* — P.D. James
8. *Prarie* — Anna Lee Waldo
9. *Style and Substance* — Judith Martin
10. *Paradise* — Donald Barthelme
11. *A Lover Scorned* — Isabelle Holland
12. *In La-La Land We Trust* — Robert Campbell
13. *Dark Angel* — V.C. Andrews
14. *Fatal Affair* — Velda Johnston
15. *Nocturne for the General* — John Trenhaile
16. *Banners of Gold* — Pamela Kaufman

Non-Fiction

17. *The Films of Woody Allen* — Robert Benayoun
18. *The Cosby Wit* — Bill Adler
19. *Among Friends* — Letty C. Pogrebin
20. *Funny Sauce* — Delia Ephron
21. *Pat Nixon* — Julie Nixon Eisenhower
22. *The Rise of the Counter-Establishment* — Sidney Blumenthal
23. *Word for Word* — Andrew Rooney
24. *Lillian Hellman* — William Wright
25. *Blundering into Disaster* — Robert S. McNamara
26. *On Camera* — Hugh Downs
27. *The Peopling of British North America* — Bernard Bailyn

WHAT'S COOKIN'?

by Madge Williams

Have you done any baking for Christmas? An easy, gracious, and inexpensive way to welcome friends to your home during the Holiday Season is to serve "Grandmother's Banana Nut Cake," with a steaming hot cup of coffee or tea. This cake can be made and frozen. It is delicious frosted, or it can be served plain.

Grandmother's Banana Nut Cake

½ cup margarine (1 stick)
1½ cup sugar
2 eggs
1 t. vanilla
2 cups plain flour
½ t. soda
4 T. buttermilk
1 cup mashed bananas (2 large or 3 small)
1 cup chopped walnuts

Cream butter and sugar. Add eggs and vanilla. Sift dry ingredients. Add dry ingredients alternately with buttermilk (always begin with flour and end with flour). Add mashed bananas and nuts. Bake in a greased and floured tube pan for 1 hour at 350 degrees.

Caramel Frosting

Melt 1 stick butter or margarine in sauce pan. Blend in 1 cup firmly packed brown sugar and ¼ t. salt. Cook over low heat 2 minutes, stirring constantly. Remove from heat. Add ¼ cup milk. Continue stirring over heat until mixture comes to a boil. Remove from heat. Blend in 2½ cups sifted confectioners sugar. Add 1 t. vanilla and mix well. Thin with a small amount of cream if necessary.

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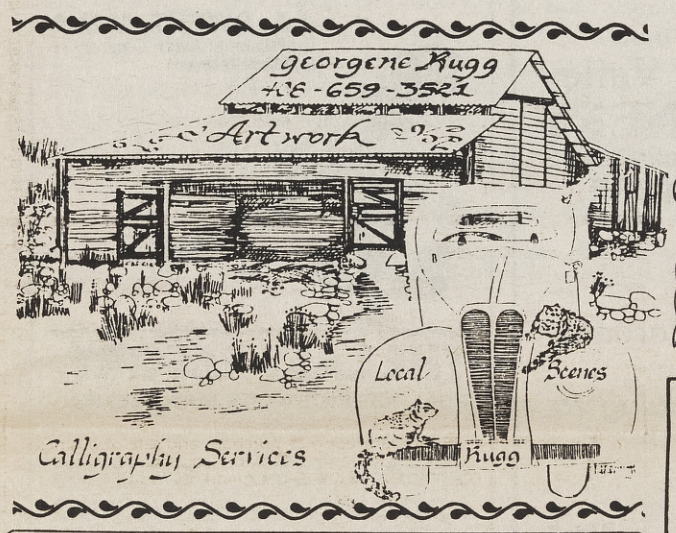

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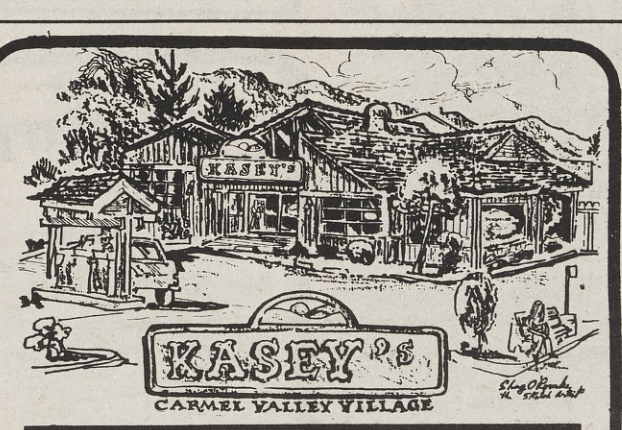

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A sample of our Menu...

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Bangers and Mashed	$5.95
Fish and Chips	$4.95
Calamari and Chips	$5.95
Prawns and Chips	Mkt. Price
Shepherd's Pie	$5.95
Cornish Pastries	$5.95
Steak and Kidney Pie	$5.95

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DAILY LUNCHEON SPECIAL
Half Sandwich of the Day
Cup of Soup
Small Salad
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A tray of wonderous Kickshaws and Confections for dessert or after the show...Varies daily.

Darts, of Course—NO TV or Hard Liquor

Look for "Sir Cedric" at the entrance

Carmel Valley Musicians "Celebrate Life" For AIDS Project

Carmel Valley violinist, Vernon Brown, will join a star-studded ensemble presenting a "CELEBRATION OF LIFE," a concert benefiting the Monterey County AIDS Project, on Saturday, December 13, 1986 at the Monterey Conference Center Steinbeck Forum.

Heading the stellar cast will be former Valley resident Monte Pederson, Bass Baritone with the San Francisco Opera and Carmel Bach Festival. Other featured performances will include: Scott Gilmore, pianist for the San Francisco and Australian State Opera companies; Jeffrey Workman, classical guitarist and recording artist on A&M Records; Jacqueline Rosen, flautist with the Monterey County Symphony; Carmel Martin, cellist, and Vernon Brown, both with the Monterey Bay and Monterey County Symphonies. All will be joined by Carolers Unlimited: Carmen Martin, Gay Brown, and Bob Bogardus, all of whom sing in the Carmel Valley Community Chapel Choir.

The concert will be hosted by Master of Ceremonies, Jason Bond of KBOQ.

Cocktails will be served from 7:00 p.m. to 8:00 p.m. preceding the concert and an Artists' Reception will follow the concert with hors d'oeuvres donated by area restaurants.

Tickets for "CELEBRATION OF LIFE" are $20.00 per person or $12.50 for students. All proceeds go to MCAP.

For further information call 372-1846.

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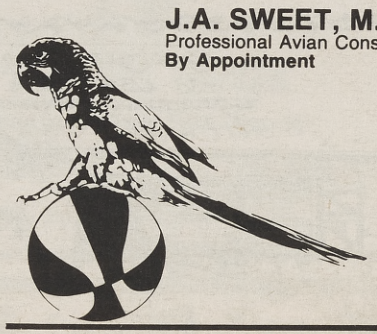

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Crosswords PLUS

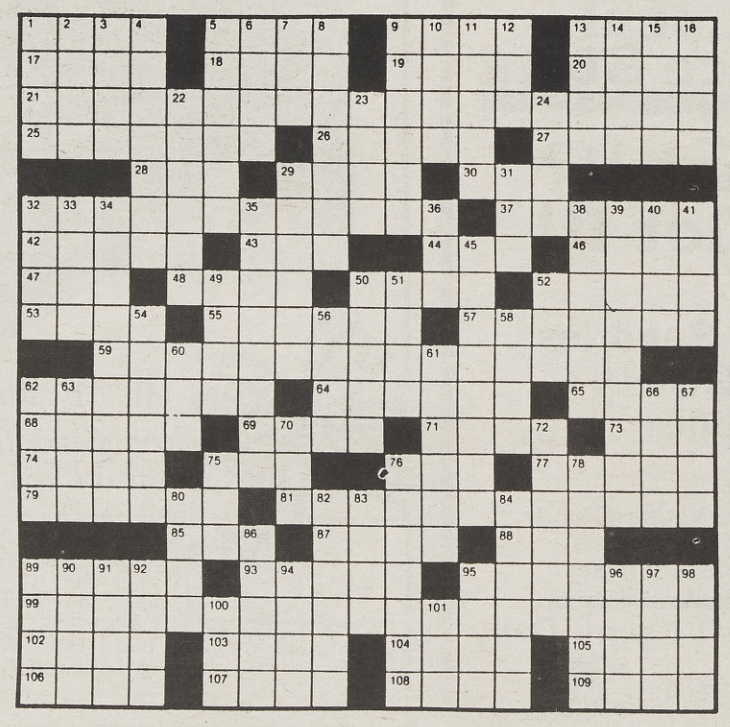
Winners of '85, by Sally R. Stein

ACROSS

1 Oil vessel?
5 Outburst
9 Kind of care
13 Something to sing
17 Something to sing
18 _____ effort
19 Large-flowered plant
20 Ignore
21 NCAA winners, 1985
25 Bases
26 Do _____ dare (buckle to pressure)
27 Wing
28 Mets, Phils, Braves, etc.
29 Spring summers?
30 *The Confessions of ___ Turner*
32 Comedy series Emmy winner, 1985
37 Least believable
42 Swindler
43 Two-way preposition
44 Frequently, briefly
46 Chassis crossbar
47 Where Herzog is Pres.
48 Dog bane
50 Onetime restauranteur Toots
52 Picture-perfect
53 Break down
55 Eminent
57 Musical muse
59 Drink brought back by popular demand, 1985
62 Down Under anteater
64 Absorption
65 Acapulco kin
68 Rather
69 Maxwell Smart's opponents
71 Trendy folks
73 Cir. solid
74 Versailles vase
75 Knight of TV
76 Dallas inst.
77 Refrain from childhood
79 "Plant thine honor where we please to have _____." (Shak.)
81 Stephen King best-seller, 1985
85 Nadir
87 *Diary of _____ Housewife*
88 USPS employee's way
89 Unrestrained indulgence
93 "Spring forward" time
95 End of Shakespearean tragedies
99 Hit Spielberg film of '85
102 "Don't do it!"
103 Smidgen
104 DLIX + CDXLIV
105 Propellers of a sort
106 Charleston ___ (candy bar)
107 Rest restlessly
108 Mortar material
109 Word form for "inner"

DOWN

1 Flowing rock
2 Grape seed covering
3 Exploit
4 *Ripley's Believe It Or Not!* host
5 Men of magic
6 Sci-fi craft
7 Part of USSR
8 Gad
9 Five-decade baseballer Minnie
10 Ms. Gray of *Silver Spoons*
11 Sofa bed
12 Ending for expert
13 Naval officer
14 Gemayel of Lebanon
15 Where it's at
16 Where Achilles got dipped
22 Conductor's announcement
23 Osmond country
24 Pro ___
29 Jose Ferrer role of '50
31 Ht.
32 End-of-week declaration
33 ___ bag on (gets sloshed)
34 Fortifying
35 *Playgirl* pose
36 Pursue
38 "Looks Like We _____"
39 Nautilus, e.g.
40 Reaction to rudeness
41 Psychic affinity
45 Go bonkers
49 Something of interest?
50 Lee and Laurel
51 Numerical prefix
52 "___ Not For Me To Say"
54 Hang out
56 Mixture
58 Broke in
60 Three after B
61 Got away
62 Iso-
63 Abrupt
66 Ron Howard's first TV role
67 Appearance's sake
70 What newspapers accept
72 ___ Coventry (ostracized)
75 Sally Field's Oscar collection
76 Part of a ski meet
78 Berg bit
80 Cassini
82 Alex of *Webster*
83 Marlene's *Blue Angel* co-star
84 Nero Wolfe's favorite flower
86 Cowboy's cry
89 Simultaneousness
90 Bah kin or preceder
91 Germanic character
92 Sufficient, poetically
94 Resort prohibition, usually
95 Similar
96 "_____ Old Cowhand"
97 Not hor.
98 Now-renamed oil co.
100 Watch the baby
101 Agents org.



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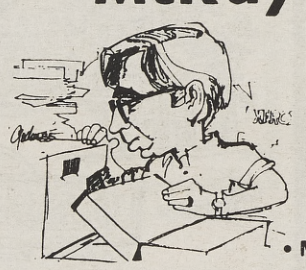

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"Music Of Christmas" Concerts At Carmel Mission Basilica December 12, 13, 14

The Monterey Peninsula Choral Society will present its annual "Music of Christmas" concerts Friday, Saturday, and Sunday, December 12, 13 and 14, at the Carmel Mission Basilica at 8:00 p.m.

The featured works this Christmas will be Antonio Vivaldi's *Kyrie, Gloria,* and *Credo.* The program also will include traditional and contemporary Christmas carols.

Guest artists will include Helen Dilworth, soprano; Rachel Louis, alto; Pauline Thomas, harpsichordist; and Rosamond Rogers Crowley, organist. David Rupert will conduct the choir and the Central Coast Chamber Orchestra.

Tickets are $9 at the door but are available for a special price in advance. Advance tickets may be obtained by calling 394-6351, or writing P.O. Box 272. Carmel, Ca 93921. Advance ticket price is $8 each.

The Monterey Peninsula Choral Society is a non-profit organization that presents two concerts each year in the Carmel Mission Basilica. Rehearsals are held at Monterey Peninsula College under the auspices of the Music Department. The public is invited and encouraged to join. For information, call 624-1536 or 372-7625.

CVPOA Nominates Dick Nimmons For Presidency In 1987

The Carmel Valley Property Owners Association has nominated its slate of officers and candidates for board of directors for next year. The election will be held by ballot mailed to the Association's 1,009 members in January.

Nominated to lead CVPOA for a one year term of office are: Dick Nimmons, President; Rod Mills, Vice President; Julie Heaston, Recording Secretary; Betsy Shea, Corresponding Secretary; and Ileen M. Crane-Franks, Treasurer.

Six candidates will stand for election to three vacant positions on the board of directors. They are: Wym Coerr, John Locke, Robbie Meryash, James Munger, Roger D. Williams, and Gene Zellmer. The term of office for directors is two years.

Further nominations may be accepted until December 22. Nominations should be in writing, be signed by 15 CVPOA members, and be mailed to Secretary Barbara Olson, P.O. Box 157, Carmel Valley, 93924.

The next CVPOA board meeting will be held Wednesday, December 10, at 7:30 p.m. at St. Dunstan's Church. The public, renters as well as property owners, is invited to attend CVPOA meetings. Persons interested in joining CVPOA should contact Membership Chairman June Sheppard at 624-2080.

Alcohol Advisory Board Applicants Sought

Fifth District Supervisor Karin Strasser Kauffman is inviting applicants to serve on Monterey County's Advisory Board on Alcohol-related Problems. This Board reviews and evaluates alcoholism program needs, services and facilities; they review the alcohol program plans and make recommendations to the Alcohol Program Administrator and the Board of Supervisors. The Board meets on the fourth Tuesday of each month at 3:30 p.m., varying their meeting places between Monterey and Salinas.

Interested applicants residing in the Fifth District are asked to contact Supervisor Strasser Kauffman's office at 1200 Aguajito Road, Monterey, or call 649-6515. The Fifth Supervisorial District includes the Aguajito, Skyline Forest, parts of Monterey and Pebble Beach, Carmel, Carmel Valley, Big Sur and the Toro areas of the county.

METAMORPHOSIS

Top left: Old building that housed sheet metal company; top right: bulldozer deals a lethal blow; bottom: new, modern office building—Carmel Valley Trade Center—houses a number of Carmel Valley businesses. Property is owned by Joan and Gene Vandervort.

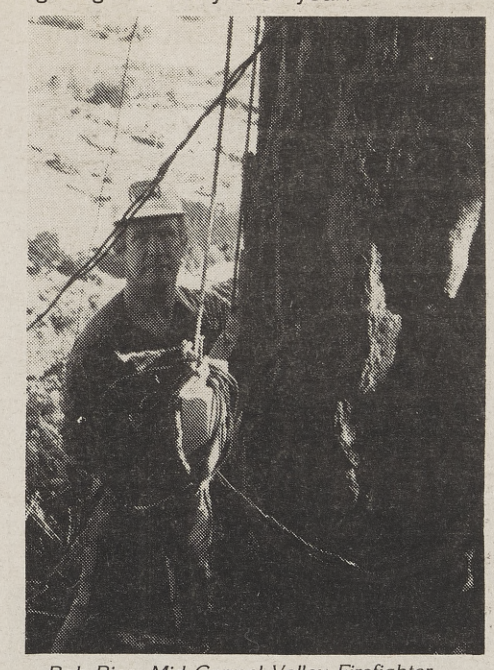
'Tis The Season

by Sidney Reade,
Fire Marshall

The spirit of giving and caring for others is year around for the Mid Carmel Valley Fire Department. The holidays are an opportunity to give something to the entire community, and not necessarily at a time of need, which is usually the case when the fire department renders care.

The spirit of Christmas! The Christmas Tree located high on the southern hillside of Carmel Valley is their gift.

The Mid Carmel Valley Volunteer Firefighters have maintained this tree for the past ten years and have hosted an annual community open house and tree lighting ceremony each year.



Bob Rice, Mid Carmel Valley Firefighter.

Much effort goes into the maintenance of this tree. You might say it is a labor of love. The pine tree is located in an ideal spot, making it visable for several miles both east and west. Although the location is ideal for viewing, it leaves a lot to be desired as far as access is concerned. The fire department is used to access problems when responding on emergencies—lack of adequate address, low hanging branches on a narrow driveway, etc., but hiking straignt up and straight down a very steep hillside with ladders, wire, saws, big boxes of bulbs and sockets, and a variety of other tools, dogs, and kids! That's love! The annual maintenance trek is made just before the first of December to assure a bright preview on the night of the Annual Tree Lighting Ceremony and Open House, always held on the first Friday in December.

This year's Open House and Tree Lighting Ceremony was on Friday, December 5th. Bill Brown, founding Board member of the Fire District and Good Friend, was the official "Tree Lighter." The Open House was attended by many Valley residents who shared in the spirit of friendship and good cheer.

The tree has a history. Milt and Marie Frumpkin, owners of Saddle Mountain Recreation Park, had their eyes on that tree for many years, until finally, in 1963, they called Wilamena and Bill Cook, who owned the land on which the tree grew. "We'd like to put Christmas lights on that tree," The Frumpkins said. The Cooks replied "Bless you, go ahead."

Marie threw in $100 and went door to door throughout the neighborhood and collected $365.00. The work began. The wiring plan was designed in part by Owen Patrick and Milt Frumpkin. Max Drewien recruited labor to assemble the wires and sockets right in the middle of Schulte Road. Milt and his son, Milo, did the actual wire and bulb installation by climbing the hill, climbing the tree, and installing the wire pulley system. The idea behind the pulley system was to assure easy future maintenance. Good idea, Milt.

In December 1963, the Christmas tree was lit for the first time. Joe Ataide threw a party in the street for all the neighbors. His wife made Tom & Jerrys, and everyone danced.

In 1976, the Frumpkins asked the newly formed Mid Carmel Valley Fire Department to take over the tree as a community project. The Fire Department volunteers agreed, since this was directly in line with the spirit for which they volunteered their time as firefighters.

The weather had taken its toll on the wires, sockets, and bulbs which stay up year around and, in 1977, the fire department made its first trip up the mountain to completely rewire the tree. The pulley system has ten strands of 20 bulbs each. The electrical system identifies each strand, so that shorts in the system can be tracked without having to test every bulb. Every year, during the annual maintenance "party," branches are trimmed, sockets and bulbs replaced, and wiring repaired as needed.

The volunteers pay for repairs and Open House costs out of their "Christmas Tree Fund," which is partially made up of the generosity of Valley residents who donate to this worthy cause. The spirit of giving and caring, whether in a time of need or not, is the spirit behind the Christmas Tree high on the hillside in Mid Carmel Valley—Merry Christmas and a Happy, Safe New year to our friends and neighbors in Carmel Valley.

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Heart Answers

Sodium and Heart Disease

Sodium is a mineral found in nearly all foods. The most common source of sodium is table salt, sodium chloride. Sodium is an essential nutrient and plays a major role in the physiological regulation of the body fluids. A high intake of sodium affects the level of blood pressure in some individuals. It is thought that excess sodium remains in body tissues and holds water there. By decreasing the sodium, the blood pressure is reduced by shrinking the volume of fluid in the vessels. The decrease in fluid reduces pressure upon the interior walls of the vessels and lessens the effort which the heart must put into pumping the blood.

WE'RE FIGHTING FOR YOUR LIFE

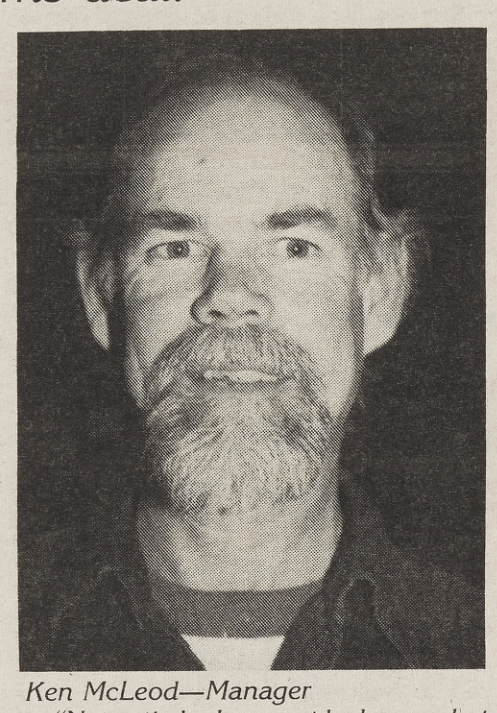
American Heart Association

VALLEY VOICES

Is the President telling the truth about the Iran arms deal?

Elizabeth A. Field—Attorney-at-Law
"No. I don't think he is telling the truth; I don't think his explanations are plausible. I think the logic and the facts are contrary to his version of the story."

Caroline Tugel and Janette Chapman—Travel agency Owners
"No. There are too many conflicting stories, and too many of the statements he has made are conflicting. We want to see what comes out of the hearings."



Ken McLeod—Manager
"Not entirely. I suspect he knew what was going on. What they were doing is against the law, and the president doesn't want to appear that he broke the law."

Jeanelle Kaminske—Real Estate
"In an avalanche, no one snowflake will take any responsibility. That says it all."

HAVING A GARAGE SALE? THE SUN IS THE PLACE TO ADVERTISE!

CIRCULATION

Total Circulation 6,000

Distribution:

Mail: 4,000+ to 93923 and 93924 Postal Patrons
—includes residents from the mouth of Carmel Valley to the Cachagua/Jamesburg area.
—Covers over 1,200 boxes.

Drop Off: 2,000 to all Lodges and Inns in Carmel Valley, and at strategic points in the following areas...
Carmel Valley Village
Mid-Valley
Valley Hills
Mouth of Carmel Valley, including
The Barnyard
The Crossroads
Carmel Center
Carmel Rancho

TRADING POST

WANTED

Well-cared for small house/cottage, rural with good sunlight. Single man, non-smoker, financially secure. No pets. Will share in health-minded household. 659-3403.

Babysitter needed Mid Valley area. Call 659-3161 or 625-2839.

FOR SALE

20-50% off STOREWIDE HOLIDAY SALE. Save on Clothing, Boots, Hats, Tack. Farm Center Country Store. Xmas hours: M-F 10:30-5:30, Sat 10-5. Sun 11-5, 624-4737.

'74 Manza 2+2, $1200/offer. 659-9961 or 0677.

Condo. 2 bdrm, 2 bath, Hacienda. $89M cash to be completed before 12/31/86. 625-0417 after 5 p.m.

3 bdrm, 2½ bath hse. C.V. needs remodeling. 1 acre. $98M cash to be completed before 12/31/86. 625-0417 after 5 p.m.

ANNOUNCEMENTS

Chapel Preschool now offers full-time day care. 7:30-5:30 call 659-3030 or 659-2278.

SERVICES

Judy Rowley's Home Animal Care visiting pet care while you're away. 659-4609.

Furniture refinishing & restoration, antiques & modern, hand-stripping, FREE pick-up & delivery, estimates. 3 Del Fino Pl. C.V. Village 659-3019.

Garden cleanup 659-3083

Concerned about your drinking water? Try our counter top water filter for three days FREE. You won't want to give it back. Call Jeff Frye at 659-4593.

Indoor tanning is still available at Blackthorne. Open 8 am to 6 pm. Call Malina at 659-3089 or 659-3241 for more info.

DRINK PURE WATER free of harmful chlorine, Giardia, asbestos & other impurities in our local water. Get the real facts. Call Pure Water 659-2103.

Student seeking after school and week-end work. Will weed, wash windows, etc. Call Jason, 659-4037, after 3 p.m.

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GREAT ENTERTAINMENT AT A GREAT PRICE, $29.98*

START YOUR COLLECTION TODAY!

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The Adventures Of Robin Hood
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MUSICALS
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Cabaret
Doctor Dolittle
Guys And Dolls
Hello, Dolly!
Man Of LaMancha
My Fair Lady
New York, New York
Oklahoma!
The Sound Of Music
South Pacific
West Side Story

HORROR
Alien
Carrie
The Omen

ACTION/ADVENTURE
Live And Let Die
Moonraker
Octopussy
Patton
Raise The Titanic
The Spy Who Loved Me

DRAMA
Rocky
Rocky II
Rocky III

WESTERN
The Alamo
A Fistful Of Dollars
The Legend Of The Lone Ranger

FAMILY
The Muppets Take Manhattan

COMEDY
Revenge Of The Pink Panther
Some Like It Hot

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in The Village, Carmel Valley
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Carmel Valley Market
659-2472

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Complete Line of GROCERIES
Farm Fresh PRODUCE
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Sewing Notions • Tennis Shoes
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Briefs • Socks • Sandals

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Carmel Valley Market
House Brand Wines called
"Carmel Valley Village"

Premium Dry White 750	2.65	Chardonnay 1984 750	4.99
Premium Dry White 1.5 Ltr	3.99	Sauvignon Blanc 750	4.50
Premium Red 750	2.39	White Zinfandel 750	4.25
Premium Red 1.5 Ltr	3.99	Johannisberg Riesling	4.50

6/49 LOTTO IS HERE!

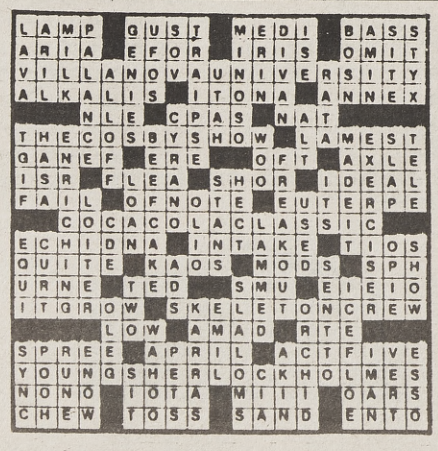
Pick 6 winning numbers

We ARE the only retailer in the Valley selling these tickets!

LOCATED IN THE VILLAGE BEHIND WELLS FARGO AND THE TEXACO STATION • HOURS 8:00 A.M. to 8:00 P.M. SUNDAY 8:00 A.M. to 7:00 P.M.

Free Delivery in the Village

Randy Randazzo, Owner
Ben Artellan, Manager



WINNERS OF '85

NLE (28 Across) stands for National League East.

The waters of the river STYX (16 Down) gave Achilles invulnerability throughout his body, except for his heel, held by his mother when she dipped him in.

"Looks Like We MADE IT" (38 Down) was a 1977 hit for Barry Manilow. "IT'S Not For Me to Say" (52 Down) was a 1957 hit for Johnny Mathis.

OPIE (66 Down) was Andy Griffith's son on *The Andy Griffith Show* (1960-68).

Sally Field won her Oscars (75 Down) for *Norma Rae* (1979) and *Places in the Heart* (1984).